**EXCLUSIVE: What REALLY happened at the restaurant?** 



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### SPECIAL THANKS TO

Joyce Driscoll Jean Erikson Raquel Zamora Raul Claros Ingrid Estrada, MSW Deisy A. Mendoza Ana Grande Clinica Monseñor Óscar Romero T.H.E. Clinic, Inc. Los Antojitos Restaurant Botica del Sol Pharmacy Rocio Hernandez, Boyle Heights City Hall

### **FUNDED BY:**

USC Good Neighbors Campaign, an employee giving program that supports universitycommunity partnerships.

This work was supported by the W.M. Keck Foundation, by grants UL1TR001855 and UL1TR000130 from the National Center for Advancing Translational Science (NCATS) of the U.S. National Institutes of Health (NIH), and by NIH CEAL/STOP COVID-19 CA Grant Number 21-312-0217571-66106L. The content is solely the responsibility of the authors and does not necessarily represent the official views of the National Institutes of Health.

### **PRODUCTION**

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At a family restaurant...

Rosa gets a call on her cell phone...

Welcome, everyone!

Let's give it up for

our singer, Roxie!







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Hey, so what happened at the restaurant the other day?

Mrs. Mendoza gives Rosa her exaggerated version of what happened...



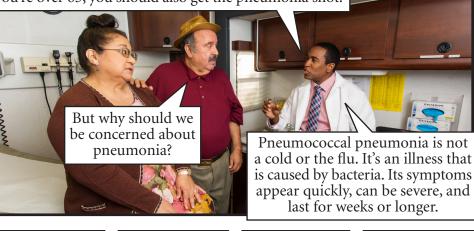




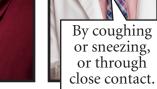
It is. It can develop on one side of the face or body.



It's caused by the same virus that causes chickenpox. The risk increases with age. That's why we recommend that people 60 years or older get this vaccine. Since you're over 65, you should also get the pneumonia shot.









It sounds like anyone could be at risk.



Yes. That's why vaccines help. They protect you and others by stopping these diseases from spreading. It's called herd immunity.









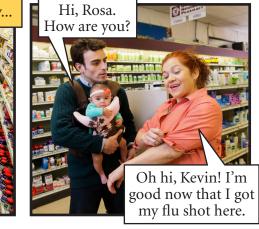


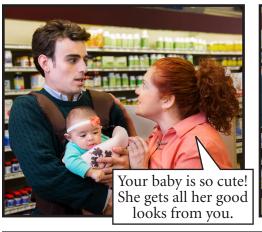










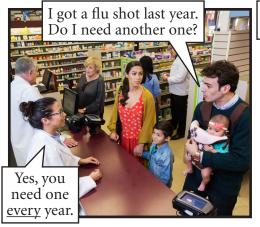






Alma is about to tell Rosa the gossip, but notices Kevin asking about flu shots...







Yes, you can. Not only the flu shot, but other vaccines, too.





I've heard you can get the flu from the flu shot.

That's a myth. The most common reaction is a sore arm. Some people may not feel well while the body builds defenses against flu germs.



It also takes two weeks to work, so it's possible to catch something before you're protected.



Influenza, or the flu, is more dangerous than the common cold. The flu virus can lead to severe problems including death, even in healthy children and older adults.









They have a great program. But now I'm concerned about the vaccine requirements.







This week is my baby's two month checkup. I'm concerned about getting her vaccinated.















story of how wonderful her mommy is.



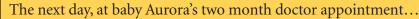














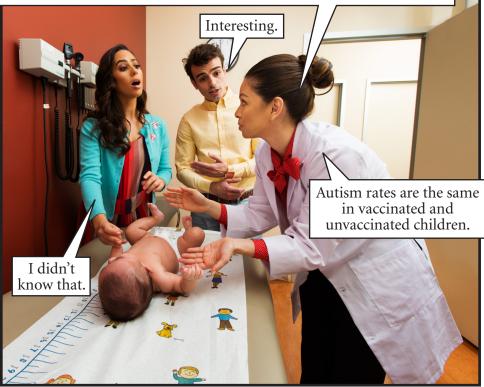








That rumor started after a paper written by a British physician in 1998 went public. The original study was found to have false data and the doctor even lost his medical license. There's been many studies and there's no evidence that vaccines or their ingredients cause autism.





The nurse enters...



is art rus is h.

It prevents infections that cause serious diarrhea, bad enough to send some babies to the hospital.

What is it for?

After the nurse gives the Rotavirus vaccine, she prepares the needles...







Now I will be giving vaccines that will protect against polio, Hepatitis B, pneumonia and meningitis.

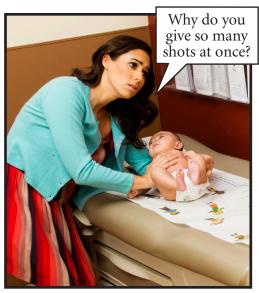


She will also receive a combination vaccine called DTap, which will protect against Diptheria, Tetanus, and Pertussis, which is also known as whooping cough.





The required amount, also known as dosage, of this first combined vaccine is 0.5mL. The correct amount has been measured.









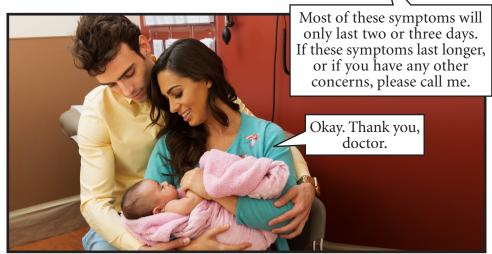
If you feel comfortable, you can breastfeed to calm her down.

Should I be worried if our baby gets a fever?



Fevers, or any other mild reactions, are normal and may happen. Your baby's body is creating new antibodies to protect against the diseases.

























real father!















Vaccines <u>are</u> important.

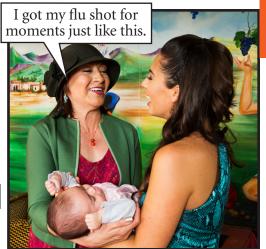
They protect my baby







### You're welcome. May I hold her? Of course.



## Well, if you guys ever have problems again, and you need to talk, call or text me...anytime... ...and I mean anytime!





### **QUESTIONS AND ANSWERS**

Why are vaccines important?



Vaccines protect you against diseases that could be deadly, like COVID-19, the measles and whooping cough. When you are vaccinated you protect yourself as well as others. In addition, the use of vaccines has eliminated diseases such as smallpox.



What are the side effects, if any, from vaccines?



Some people may have mild side effects including redness and swelling where the shot was given, as well as a mild fever. If this occurs, it will usually go away within a few days. Do not hesitate to contact your healthcare provider if you have any questions or concerns.



### Why should I get a flu vaccine?



Flu viruses can weaken the immune system which can lead to severe problems like infection, pneumonia, and even progress to death. The Centers for Disease Control and Prevention (CDC) recommend everyone get their flu vaccine every year.



Are the needles used for vaccines clean?



Yes. After using a syringe and a needle on one person it is disposed of and never re-used on anyone else.



### **QUESTIONS AND ANSWERS**

How do I know which vaccines I need?



Depending on multiple factors like your age, health status, or even travel plans, your vaccine requirements may vary. We have attached a vaccine schedule. However, you should always consult with your healthcare provider for the most up-to-date information regarding vaccinations.





Where can I get vaccinated?

Vaccines are provided at many locations including physician's offices, clinics and pharmacies.





Can vaccines cause autism?

No. Scientific studies do not show a relationship between vaccines and autism.



Where can I learn more about vaccines?



Refer to the Centers for Disease Control and Prevention (CDC) website for more information on vaccines: http://www.cdc.gov/vaccines



# 2020 Recommended Immunizations for Children from Birth Through 6 Years







HepB







DTaP

**DTaP** 



Hib



PCV1 PV









MMR

PV

Varicella











## Vaccine-Preventable Diseases and the Vaccines that Prevent Them

		:		
Disease	Vaccine	Disease spread by	Disease symptoms	Disease complications
Chickenpox	Varicella vaccine protects against chickenpox.	Air, direct contact	Rash, tiredness, headache, fever	Infected blisters, bleeding disorders, encephalitis (brain swelling), pneumonia (infection in the lungs)
Diphtheria	DTaP* vaccine protects against diphtheria.	Air, direct contact	Sore throat, mild fever, weakness, swollen glands in neck	Swelling of the heart muscle, heart failure, coma, paralysis, death
Hib	Hib vaccine protects against <i>Haemophilus influenzae</i> type b.	Air, direct contact	May be no symptoms unless bacteria enter the blood	Meningitis (infection of the covering around the brain and spinal cord), intellectual disability, epiglottitis (life-threatening infection that can block the windpipe and lead to serious breathing problems), pneumonia (infection in the lungs), death
Hepatitis A	HepA vaccine protects against hepatitis A.	Direct contact, contaminated food or water	May be no symptoms, fever, stomach pain, loss of appetite, fatigue, vomiting, jaundice (yellowing of skin and eyes), dark urine	Liver failure, arthralgia (joint pain), kidney, pancreatic and blood disorders
Hepatitis B	HepB vaccine protects against hepatitis B.	Contact with blood or body fluids	May be no symptoms, fever, headache, weakness, vomiting, jaundice (yellowing of skin and eyes), joint pain	Chronic liver infection, liver failure, liver cancer
Influenza (Flu)	Flu vaccine protects against influenza.	Air, direct contact	Fever, muscle pain, sore throat, cough, extreme fatigue	Pneumonia (infection in the lungs)
Measles	MMR** vaccine protects against measles.	Air, direct contact	Rash, fever, cough, runny nose, pink eye	Encephalitis (brain swelling), pneumonia (infection in the lungs), death
Mumps	MMR**vaccine protects against mumps.	Air, direct contact	Swollen salivary glands (under the jaw), fever, headache, tiredness, muscle pain	Meningitis (infection of the covering around the brain and spinal cord), encephalitis (brain swelling), inflammation of testicles or ovaries, deafness
Pertussis	DIaP* vaccine protects against pertussis (whooping cough).	Air, direct contact	Severe cough, runny nose, apnea (a pause in breathing in infants)	Pneumonia (infection in the lungs), death
Polio	IPV vaccine protects against polio.	Air, direct contact, through the mouth	May be no symptoms, sore throat, fever, nausea, headache	Paralysis, death
Pneumococcal	PCV13 vaccine protects against pneumococcus.	Air, direct contact	May be no symptoms, pneumonia (infection in the lungs)	Bacteremia (blood infection), meningitis (infection of the covering around the brain and spinal cord), death
Rotavirus	RV vaccine protects against rotavirus.	Through the mouth	Diarrhea, fever, vomiting	Severe diarrhea, dehydration
Rubella	MMR** vaccine protects against rubella.	Air, direct contact	Sometimes rash, fever, swollen lymph nodes	Very serious in pregnant women—can lead to miscarriage, stillbirth, premature delivery, birth defects
Tetanus	DIaP* vaccine protects against tetanus.	Exposure through cuts in skin	Stiffness in neck and abdominal muscles, difficulty swallowing, muscle spasms, fever	Broken bones, breathing difficulty, death

<sup>\*</sup> DIaP combines protection against diphtheria, tetanus, and pertussis. \*\* MMR combines protection against measles, mumps, and rubella.

### COVID-19 **FACTS & RESOURCES**

### What is COVID-19?

COVID-19 is an infectious disease caused by a virus.

### What are the symptoms of COVID-19?

Symptoms are different in everyone who gets COVID-19, but the most common symptoms are fever, dry cough, and fatigue. A symptom that is unique to COVID-19 is loss of taste or smell.

### How is COVID-19 spread?

COVID-19 is spread from person to person. It is most commonly spread when people are in close contact with each other (less than 6 feet apart) through respiratory droplets in the air from talking, sneezing, or coughing.

### How can I protect myself from COVID-19?

The best way to protect yourself from COVID-19 is by getting the COVID-19 vaccine. If you are not vaccinated, you can protect yourself from COVID-19 by wearing a mask, staying six feet apart when around people you don't live with, and washing your hands often.

### Can COVID-19 be spread by someone who doesn't have symptoms?

Yes, COVID-19 can be spread by someone who doesn't have symptoms. This is why it is important to protect yourself even when you are around people who don't seem sick.

vaccinatela.info





### **COVID-19**FACTS & RESOURCES

### Where can I get a COVID-19 vaccine?

Visit **vaccinatela.info** 

Or call to schedule your appointment at (833) 540-0473

### Will I have to pay for the COVID-19 vaccine?

No, the COVID-19 vaccine is free of charge, even if you don't have health insurance.

### Can the COVID-19 vaccine make me sick with COVID-19?

No, the COVID-19 vaccine cannot make you sick with COVID-19.

### If I have already had COVID-19 and recovered, should I still get the COVID-19 vaccine?

Yes, you should still get the COVID-19 vaccine if you have had COVID-19 in the past because it is possible to get COVID-19 again.

### If I am currently sick with COVID-19, can I get the COVID-19 vaccine?

No, you should wait until you have recovered from COVID-19 and do not have symptoms before getting the COVID-19 vaccine.

### Where can I get information about COVID-19 vaccinations for children?

For more information visit **vaccinatela.info**Or call the Los Angeles County Department of Health at **(833) 540-0473** 



